

Business: Make it Fun!



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DO YOU INCORPORATE FUN IN YOUR BUSINESS?

Research shows that laughter has many therapeutic benefits. It increases mental and physical healing. It can add years to your life.

Humor provides a cohesive work environment. It boosts morale, increases productivity, stimulates motivation and reduces stress and stress-related problems, like burnout and absenteeism.

Hint, hint! It's ok to feel good when you are conducting business. Humor not only adds levity, but more important, it creates a harmonious atmosphere.

So what are some ways of bringing a little fun into your work environment? The following suggestions could work across all types of organizations:

➤ Give gift certificates as reward (rather than cash), and then allow the winner to go shopping during business hours

➤ Begin meetings by going around the room and allowing employees to talk about a recent funny experience – *a great way to encourage participation and slide easily into the serious business of business.*

➤ Hold monthly drawings for prizes like gift certificates to local businesses.

➤ Invite a local business to come in during lunch time and promote their fun services or products. For example, they

might offer services like a massage salon, yoga classes, nutrition lessons, and cooking demonstrations. *Think how your staff will appreciate your interest in their health!*

➤ Create a room solely for fun. It could contain toys, games, funny literature – a place where employees can go and release.

Let's face it! A fun environment makes for a happy employee, a happy employee means higher productivity, and higher productivity ultimately means more profits for you.

Are you creating a fun work environment? The possibilities are limited only by your imagination. Try it and let me know the results.

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