

Empower and Energize Yourself



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After speaking with a LOT of people about their circumstances, right now, the economy and how they are being affected, it hit me. Basically, there are two types of people: People who are living in fear and those that are just taking it “as it comes”. The second group, sort of ignores what is happening around us. They are hopeful that the world will just turn itself around, and SOON.

Which types closely fits your outlook on life?

Are you constantly talking about the stock market free fall? Do you feel frozen, where you stand? It’s difficult to be part of the “fear” group. Know why? There is no limit to that fear. It builds and builds, within the person, so that one will eventually become paralyzed. And that paralysis will cause that person to be unable to effectively work, play and ultimately, live a fulfilling life.

Let’s talk about the “taking it as it comes” group. These people are fearless!

Do you know who is part of this group? David Gussin!! Have you listened to David speak recently? Basically, he’s like the football coach, in the last quarter of a BIG game. He’s blasting his team to take it to the top! He’s telling them to NEVER give up, to keep going... they can DO THIS, they can WIN! He’s pumping them up with everything he’s got. David is GROWLING, he’s so excited! And what is the effect on his team? They are psyched and ready to win. They go out there and give it all they’ve got.

Do they win the big game? I don’t know. But, that is not the point.

If you join the “fear” group, where are you going? Where is your strength, your excitement and your commitment to your future and yourself? It is draining away in the frozen tundra of fear. Isn’t it better to empower and energize yourself, with a renewed commitment to overcome any obstacle that gets in your way?

I’m not saying you should just totally ignore what is going on around you. That would be foolish. See the world as it is and then, forge ahead.