

Sand of The Beach!



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One of the downsides of summer beach activity is keeping the sand out of your car and your home! A few simple “pre” beach going tips can be used to avoid the sand trail of woe.

- ◆ For your car: take an old flat bed sheet for the back seat and extra large bath/beach towel for the front seats, and use them as seat covers. You'll be able to trap the sand on these instead of your cars interior. Do the same for your trunk or rear storage area of mini vans/SUV's, this provides a lining between your beach accessories and your interior.
- ◆ Junk in the trunk: Keep an unused storage container in your car for beach junk- small pails, beach toys, flip flops etc.

(Safety tip: it's best to BRING flip flops with you and wear proper non slip shoes for driving)

- ◆ Store in your trunk a gallon or two of water (tap water is fine in a reused milk container) you'll be told why in a sentence or two.
- ◆ Bring a change of clothes and a clean towel that will NOT be used on the beach.
- ◆ Bring a re-usable laundry bag.

When you're done for the day at the beach, gather all your belongings and hit the showers! Most beaches have available showers (inside or out) so take advantage of them and rinse yourself off (keep your flip flops on to avoid getting a foot fungus), and rinse some of your waterproof beach things too. Now you can dry yourself off with that *clean* towel you brought and change into those spare clothes as well. By doing just these simple tasks you eliminate almost all of the sand that is clinging to your skin and trapped in those unmentionable areas that cause your ride home to be more than just irritating. You also avoid bringing less sand into your car and your home as well.

If your beach does not have a shower or changing area then when you get to your car take one of those gallon containers of water I mentioned earlier and rinse the sand off of your feet and other exposed parts that have sand clinging to them.

Shake Shake Shake, your sand away

- ◆ Shake out your beach towels, blankets, chairs, your wet suits, etc. in the parking lot. Put them in the laundry bag.
- ◆ Wipe off the bottom of your cooler and beach bags
- ◆ Clap your "flip flopped" hands together to remove any excess sand, and place all of these in the back or trunk of your vehicle in that unused storage container

- ◆ Dust yourself off one last time with the clean towel, then put that in your laundry bag too, put on your driving shoes and head home.
- ◆ Before you enter your home, remove the temporary seat covers from inside your car, shake those out and put them in the laundry bag bring them into the house to wash thereby eliminating any excess sand.
- ◆ You can leave your beach pails and toys in the storage container so they're handy for the next trip or just pick up the entire container and bring it in.
- ◆ Empty your cooler outside, rinse it off with a hose, (leave the lid open or off) and flip it over to dry out to prevent those stinky odors from starting.

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