

A lot of Good Going On...



David Gussin
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I was a bit nervous this month. I wasn't sure what I was going to put together for my monthly article. Thankfully I received an e-mail from Kathy Meisner, asking if I

think it's worthwhile to please pass on the information she sent. Kathy, it's more than worthwhile, it's what 516Ads.com wishes to be about. There's a lot of good going on and it's our honor to bring it to you. Here's what Kathy has going on:

Dear Friends & Family,

As some of you are aware, last year I walked over 39 miles in October to raise money for Breast Cancer Awareness & Research. I am proud of what I had accomplished, and I plan on doing the walk again this year on October 4th & 5th, 2008.

I've committed to participating in the Avon Walk for Breast Cancer. It's a big commitment, one that will require me to spend the next several months training and fundraising. But breast cancer is a big disease, one that still affects far too many people, and I'm determined to do everything I can to help put an end to it. The money I raise will be managed and disbursed by the Avon Foundation Breast Cancer Crusade to help provide access to care for those that most need it, fund educational programs, and accelerate research into new treatments and potential cures. I'll be just one of thousands of people that will walk up to a marathon and a half over a weekend, raising

awareness of the cause and educating even more people.

I can't do it without your help. Though I'm required to raise at least \$1,800 in donation, I would love to raise much more! Working in the medical field as a Registered Nurse in the I.C.U. for over 20 years, I have seen many people suffer. I am passionate about helping people, and by doing this walk I can help literally thousands from all over the world, how great is that?

If you would like to help please visit my homepage at: Avonwalk.org
Click on the walk for New York, October 4th and 5th, 2008
At the top of the page click on "Make a Donation" Next page will bring you to the participants name: Kathleen Meisner Team: Breast Bra-gade. Donations are tax deductible and any amount you can donate is a chance to help another human being live maybe one more day.

I thank you for your time in reading this
GOD BLESS AND WISHES FOR GOOD
HEALTH TO EVERYONE



Respectfully,
Kathleen Meisner
Team: Breast Bra-gade
Telephone# 631-884-3988
Email: KMeis817@aol.com
Address: 228 North Lewis Avenue
Lindenhurst, New York 11757